

Synopsis:

Marc Angelo explores the traditional 17 steps of Joseph Campbell's Hero's Journey by taking you through the story of his very own journey and providing other examples along the way. He talks Freedom Culture and what that means, probes into what freedom could look like for you, who may or may not be ready for the hero's journey, helps clarify where you're at and encourages your path to full mastery.

Chapter 1: Introduction & What It's Like to Go On A Hero's Journey

- Freedom - What has you shackled? School, a job, something you know is in your life that maybe is weighing you down or keeps you not moving forward?
- What You'll Learn
 - Clarity & Commitment - How you can pick an idea and commit to something bigger than yourself
 - Story & Offer - How you can build a following for a cause you believe in & get paid for living your 'dream job'
 - Tribe & Audience - How you can build up people who are following you as a community & find the support that you need for your mission
 - Mastery & Freedom - How you can master your craft and be an influencer or expert while living your adventure
- Going on a hero's journey also comes with some level of humility and failure, obstacles and challenges

Chapter 2: Starting Your Journey

- *Step 1 - Call to Adventure*

"There's something wrong, something seems to be missing. Even if you can not define it you can feel it clearly. Suddenly a new path appears in front of you as an inspiration, a target or an intent, which calls you to new adventures. Do you accept the challenge?"

 - Understanding what the adventure is makes you want to explore; committing to your "Impossible List"
- *Step 2 - Refusal of Call*

"To follow the call of adventure it would mean to step out of your comfort zone and to meet our own weaknesses and uncertainties. In many cases, this leads to the denial of the call. The initial enthusiasm fades."

 - We're a product of our environment, we end up in the habits and the patterns of where we are at

- *Step 3 - Supernatural Aid*
“The appearance of mentor, a person who prepares us and inspires us to take the journey into the adventure, can turn the original refusal to approval. Journey to Real Life established blogs, sustainability pioneers, and forward-thinking entrepreneurs have inspired us, to go on.”
 - Our why is strengthened by some interaction or happening
- *Step 4 - Crossing First Threshold*
“You overcome yourself and cross the threshold to the new world. The next step can also be small. The most important thing is to take the first step forward, no matter how small. What is your next step?”
 - Just because you don't know how exactly, doesn't mean you can't start somewhere, doesn't mean you can't dive deeper, doesn't mean you can't be part of the solution

Chapter 3: Acknowledging The Path Set Forth

- *Step 5 - Belly of the Whale*
“As soon as the trip has started, we become aware of the extent of the objective we have chosen for us. The obstacles on our way threaten to overwhelm us. Courage and resilience is needed. The obstacle is the way to fulfilling our dreams.”
 - Ask yourself what it is that you DON'T want, not only what you do want
- *Step 6 - Road of Trials*
“Our inner resistance manifests itself in obstacles and problems which can be interpreted as trials. Often times things in life do not happen exactly as planned. These trials make life worth living and build our character.”
 - Resilience is key while working through mistakes, and if we're not feeling like we're expanding or pushing our comfort zone, we're probably not living in our highest excitement
- *Step 7 - Meeting With The Goddess*
“You meet allies, which complement you and make you whole in your strengths and weaknesses, and if one can not continue, the other helps him up. In classical myths it's mostly someone from the opposite sex (a Goddess, a God), which makes one whole.”
 - Having someone guide us through these challenges, our likelihood of continuing our journey is much stronger (ie. mentor, coach, tribe); There is power in realizing you're not alone
- *Step 8 - Temptation*
“On our hero's journey, we are repeatedly subjected to worldly desire. We lose sight of our goals and give into temptations. This step is about the external materials that may lead the hero to stray. However, this is not the end.”
 - Temptations allow us to understand where our true north star is

Chapter 4: Trudging Onward & Being A Lighthouse

- *Step 9 - Atonement With The Father*

“For a long time, we are dependent on external circumstances and in conflict with expectations from outside and our own individuality. It’s the point at which we experience atonement and learn to trust ourselves. As a result, we acknowledge our own role and responsibility.”

 - Recognizing our ability to be a torchbearer, a flame to light a thousand flames, a supernatural aid in someone else’s life
- *Step 10 - Apostasis*

“While achieving our goals we become aware that we carry divine potential in us. Nothing seems impossible. The hero moves beyond the pairs of opposites to a state of divine knowledge, love, compassion, and bliss.”

 - Abundance mindset, where success is measured by fulfillment; when the impossible becomes possible by working towards it and also letting the path unfold for us
- *Step 11 - The Ultimate Boon*

“There comes the time we have internalized our new resolutions. The reached goal symbolizes the experience we have made on this way. These will henceforth accompany us on our way of life.”

 - Each experience we gain will be used and built upon in a later level

Chapter 5: A Changed One In A Same World

- *Step 12 - Refusal of Return*

“After such an adventure and having found bliss and enlightenment in the new world, it can be difficult to return to everyday life. We literally fall in love with ourselves and our new environment.”

 - Remind ourselves of the why and the need to stay in service
- *Step 13 - Magic Flight*

“It can happen that we lose ourselves in our new identity. This has the result that we must tear ourselves away from the newly discovered world. External circumstances or internal motives force us to return to our daily lives.”

 - If we are to empower others, we must understand what it’s like in the shoes of those we wish to empower
- *Step 14 - Rescue From Without*

“As when starting out the hero’s journey, to find out way back to everyday life, companions are required as well. Why should you ever want to go back, now that you have reached the supposed destination?”

 - Community, to be surrounded by people that love and support you and feel the same way that you do, is needed to solve depression and other problems we may face

- *Step 15 - Crossing the Return Threshold*
“Back in the “normal” world, you learn to integrate your experiences and retain the wisdom gained on the quest, integrating that wisdom into human life, possibly sharing the wisdom with the rest of the world.”
 - Wisdom is when knowledge meets action; focussing on solutions rather than problems
- *Step 16 - Master of Two Worlds*
“Now in addition to the skills and experience you had before your journey, you have the newly learned skills. All the trials and obstacles you have overcome made you a more mature person. Achieving a balance between the material and spiritual (the inner and outer world).”
 - Understanding both sides and blending your environment

Chapter 6: Biggest Lessons Marc Angelo Learned On His Hero's Journey

- *Focus is a superpower* - you vote with your attention, and if you want to start a fire, you can't keep moving the focus and attention of your magnifying glass. Choose the skill set or point you want to focus on.
- *Stories spark movements* - powerful stories have predictable patterns, practice telling yours in a way people resonate with and understand
- *Rocket ships require fuel* - if you're going to take on a massive challenge, you're going to need the resources, a team, motivation, and systems; if you want to stand out, you have to know how
- *Movements move* - step into it and allow the movement to move, not stagnate
- *Document progress, not just perfection* - be brave and share the imperfection as you go
- *Knowledge isn't wisdom* - playing the long game
- *Find mentors who keep you accountable* - to push you beyond your limiting beliefs and further down your hero's journey; observe the clues from those who have gone before you
- *Interested does not equal committed* - spare time spent researching versus diving into something with all of the energy, resources, and passion possible

Chapter 7: Freedom To Live

- *Step 17 - Freedom To Live*
“Mastery leads to freedom from the fear of death, which in turn is the freedom to live. This is sometimes referred to as living in the moment, neither anticipating the future nor regretting the past, and we change the world by being ourselves.”
 - Coming back to Freedom Culture, learning and activating and being what it takes to share your unique gifts with the world

Chapter 8: Superhero Academy's Role in Your Hero's Journey

- A four stage journey from Apprentice -> Hero -> Superhero -> Mastery
- You are already enough, activate what's within you - whether you want to be a creative, influencer, entrepreneur, freelancer, etc.
- *Apprentice*
Help you find clarity and commitment towards living a life of following your highest excitement and establishing the patterns needed for success as someone who is self-employed
- *Hero*
Help you craft your new story for when someone asks "what do you do?" and be empowered to create an offer that allows you the financial freedom to live out your dreams & have an impact!
- *Superhero*
Help you find your tribe for support & accountability as well as build a team to help you bring your gifts to the world and amplify your message to reach the masses
- *Mastery*
Help you build your career and lifestyle to be seen as an expert in your field & be invited to rub shoulders with the masters who were once your teachers and inspirations not long ago ..
- There are no shortcuts on this journey, but there are definitely ways to avoid the brick walls
- The powerful results that accountability, tribe, freedom, and adventure bring when you go all in for yourself, with others

Chapter 9: Who Is The Hero's Journey For?

- *Who it's not for* - half-assed committed people, closed minded, not seeking accountability, not willing to invest in themselves
- *Who it's for* - seeking freedom, looking for a tribe, dedicated to impact, seeking mentorship, committed to their mission
- Are you on the path of mastery no matter what it takes? Do you feel so called that you absolutely have to step into this right now?
- Join Superheros like Ryan Schwartz and Jara Dekker in creating the lifestyle that you want
- **New** Hero Level \$19/month** membership!!
Or ** Commit to **Full Mastery \$97/month** (includes access to private tribe group, learn roadmaps to find your dreams, learn the skills and mindsets of heroes) + **1 free coaching call!!**
Note: Able to go through the classes at the pace you wish, cancel anytime; and 30 day guarantee with Full Mastery option
- You can write your own narrative

Chapter 10: Is It Really Possible To Be A Philanthropreneur?

- No matter what anyone says, it's possible - there were and will be doubters any time that someone brings a new, or any, solution to the table
- “They all chose to invest in themselves. They all chose to realize that they could have their own path, their own journey, their own superpowers come to life, and that they fully believed in themselves, and they were committed to making those dreams and aspirations come true, and it's not to say they didn't stumble along the way.”
- “If you aren't investing in your own dreams, then you are a part of building somebody else's.”

Want Help With Your Hero's Journey?

<https://superheroacademy.net/enroll/>